

Money Mindset Makeover

Exploring and deepening your relationship with money is process beginning with your mindset that will then ignite profound shifts in all areas of your life. This Money Mindset Makeover is designed to help you:

- Experience money in a new way
- Get clear and let go of any negative parts of your personal money story
- Become more aware and more financially focused
- Identify ways to increase your income and profits, particularly from investments.

Your Current Money Mindset

To begin your Money Mindset Makeover you need to have a clear picture of where you are at with regards to wealth creation and money thinking right now. These questions will help you clarify your current money mindset so you have a firm foundation to build upon.

1. How would you describe your current relationship to money?
2. What thoughts, feelings and beliefs come to mind when you think of money?
3. How did your parents relate to money? What was the money mindset in your household as you grew up?
4. How much money is in your Personal Savings Account?
5. How much money do you owe on Credit Cards or Store Cards?
6. How much money do you owe on loans for depreciating assets such as cars, holidays, televisions etc?
7. How much do you owe on loans for potentially appreciating assets such as a house or shares?
8. If you own or run your own business, do you separate business and personal bank accounts?
9. How much money is in your Business Chequing Account?
10. How much money is in your Business Savings Account?

11. What are your current investments? How much is each investment worth?

12. How do you feel about the money that is in your life now?

13. What do you spend money on?

14. Where does money come from? How do you make or create money?

15. What is your net worth (ie: everything you own and are worth minus everything you owe)?

16. What is your experience of money going out?

17. How would you describe your current money mindset?

18. What would you like to feel about money?

19. Open your wallet – what do you see? How much money is in there? In what denominations? How does that make you feel?

20. If you could change one thing about the way you think about and manage your money that would have the greatest impact on your life, what would that be?

Your Millionaire Money Edge

Every change or growth phase in life whether it is in relation to money, relationships, career or spirituality has an edge where things shift from an old way of thinking and being into a new way of thinking and being. Building upon your picture of your current reality it is now time to create a vision of the future so you can identify Your Millionaire Money Edge.

1. In the inner circle below write down the most important parts of your current money mindset discovered from the 20 questions above. For example: I don't know how to invest. I am aware of my spending habits that I want to change. I spend more than I earn.
2. Next create a vision of what you want your wealth story to be by filling in the outer circle describing everything you want to create and experience with regards to money. Write it in the present tense. For example: I have a thriving 6 figure business. I consistently make \$10,000 a month. I have organized systems for everything financial in my business and life. Incredible investment opportunities come to me every day.

